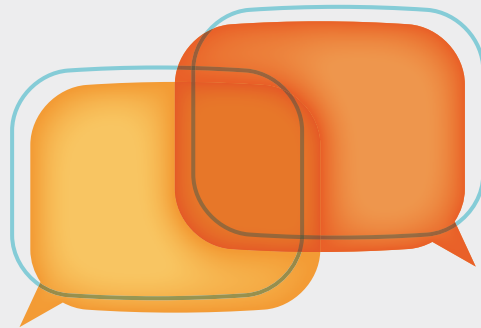


# How Well Do You Know Me?



# Why Does Conversation Matter?



When it comes to planning for your future health care, you need to check in and find out from your family and friends: How well do you know me? These people may need to make health care decisions for you if you cannot. You may be surprised at what they don't know about you! Use the **How Well Do You Know Me** questions to get started.

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For information about Advance Care Planning:  
[www.bc-cpc.ca/acp](http://www.bc-cpc.ca/acp)

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For information in your community, contact:

Organization Logo and  
Organization Website

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