## **Advance Care Planning Day 2020**

## **Social Media Messages**

Here are some suggestions for your social media to help spread the word about Advance Care Planning and national Advance Care Planning Day April 16<sup>th</sup>, 2020.

## Campaign hashtags

## #StartYourAdvanceCarePlanToday #ACPDay2020

- April 16 is national Advance Care Planning Day! Mark your calendar to start talking about your health care wishes-- Find great resources to #StartYourAdvanceCarePlanToday at [or replace with local] #ACPDay2020
- April 16 is #ACPDay2020. Finished your taxes? How about putting together your healthcare plan? #StartYourAdvanceCarePlanToday! Resources at <a href="https://www.bc-cpc.ca/acp">www.bc-cpc.ca/acp</a>. [or replace with local]
- We plan for our careers, weddings and retirement. Why not plan for our future health care? #StartYourAdvanceCarePlanToday #ACPDay2020 Resources at <a href="www.bc-cpc.ca/acp">www.bc-cpc.ca/acp</a>. [or replace with local]
- Advance Care Planning involves talking with others about your wishes for your future health care and deciding who could speak on your behalf if you could not. #StartYourAdvanceCarePlanToday #ACPDay2020 Resources at <a href="www.bc-cpc.ca/acp">www.bc-cpc.ca/acp</a>. [or replace with local]
- If you were sick and couldn't speak for yourself, who would know your treatment preferences? Start the conversation with those close to you now. #StartYourAdvanceCarePlanToday #ACPDay2020 Resources at <a href="www.bc-cpc.ca/acp">www.bc-cpc.ca/acp</a>. [or replace with local]



- Have you appointed a person to speak on your behalf if you could not? What healthcare decisions would you like your substitute decision make to make?
  #StartYourAdvanceCarePlanToday #ACPDay2020 Resources at <a href="www.bc-cpc.ca/acp">www.bc-cpc.ca/acp</a>. [or replace with local]
- ❖ Talk with your family about your future healthcare wishes. Avoid unnecessary disputes of confusion if your family is asked to make healthcare decisions for you. #StartYourAdvanceCarePlanToday #ACPDay2020 Resources at www.bc-cpc.ca/acp. [or replace with local]
- Have you thought about who would be your Substitute Decision Maker if you were in an accident or too ill to make healthcare decisions yourself? #StartYourAdvanceCarePlanToday #ACPDay2020 Resources at <a href="www.bc-cpc.ca/acp">www.bc-cpc.ca/acp</a>. [or replace with local]
- Have you been thinking about talking with a loved one about their future healthcare wishes? We have conversation starters to help you take the leap.
  #StartYourAdvanceCarePlanToday #ACPDay2020 Resources at <a href="www.bc-cpc.ca/acp">www.bc-cpc.ca/acp</a>. [or replace with local]