

Spreading BC Compassionate Communities Seed Grant Recipients Cycles 1 and 2

Advance Care Planning			
Twenty-one projects promoting & facilitating public & private conversations about Advance Care Planning (ACP) and care at end of life (EOL).			
Award Period	Award Recipient	Funded Project	Project Description
April 2016- March 2017	Campbell River Hospice Society	Advance Care Planning	Increase the number of ACP sessions offered through marketing and training, and to extend reach to more remote communities.
April 2016- March 2017	Prince Rupert and District Hospice Society	75/20 Advance Care Plan Awareness Initiative	Develop a team of workshop presenters to educate and motivate our community to become end of life prepared.
April 2016- March 2017	Comox Valley Hospice Society	Expanding ACP Education and Community Engagement through System Integration	Engage with organizations who recognize and value support for employees who are facing illness or caring for someone with illness to <ul style="list-style-type: none"> • Gain a shared vision of support needs • Develop customized ACP sessions
October 2016- December 2017	L3 Lets Live a Little!	Serious Illness Conversations with Young Adults with Progressive and Life Limiting Conditions	Host a meeting where experts in palliative care and progressive respiratory, cardiac and eating limitations, will provide anticipatory guidance about what to expect and how to work through difficult decisions. Facilitate separate concurrent conversations with the young adults and their parents/families to address their experiences, fears and questions about advance decision planning for these changes.
April 2016- March 2017	Kamloops Hospice Society	Volunteer-Facilitated ACP Sessions	Aim is to stimulate and normalize ACP conversations through public sessions facilitated by trained volunteers/staff.
April 2016- March 2017	Terrace Hospice Society	Volunteer-Facilitated ACP Sessions	Aim is to stimulate and normalize ACP conversations through public sessions facilitated by trained volunteers/staff. This project links to First Nations communities.

April 2016- March 2017	Squamish Hospice Society	Volunteer-Facilitated ACP Sessions	Aim is to stimulate and normalize ACP conversations through public sessions facilitated by trained volunteers/staff. This project links to First Nations communities
April 2016- March 2017	Sunshine Coast Hospice Society	Volunteer-Facilitated ACP Sessions	Aim is to stimulate and normalize ACP conversations through public sessions facilitated by trained volunteers/staff.
April 2016- March 2017	Nanaimo Community Hospice Society	Volunteer-Facilitated ACP Sessions	Aim is to stimulate and normalize ACP conversations through public sessions facilitated by trained volunteers/staff.
April 2016- March 2017	Alberni Hospice Society	Volunteer-Facilitated ACP Sessions	Aim is to stimulate and normalize ACP conversations through public sessions facilitated by trained volunteers/staff. This project links to senior centres.
April 2016- March 2017	Pacific Rim Hospice Society	Volunteer-Facilitated ACP Sessions	Aim is to stimulate and normalize ACP conversations through public sessions facilitated by trained volunteers/staff. This project links to First Nations communities.
April 2016- March 2017	Saltspring Hospice and Bessie Dane Foundation	Volunteer-Facilitated ACP Sessions	Aim is to stimulate and normalize ACP conversations through public sessions facilitated by trained volunteers/staff. This project links to senior centres.
April 2016- March 2017	Cowichan Valley Hospice Society	Volunteer-Facilitated ACP Sessions	Aim is to stimulate and normalize ACP conversations through public sessions facilitated by trained volunteers/staff. This project links to senior centres.
October 2016- December 2017	Desert Valley Hospice Society	End of Life Conversation Game	Aim is to help break the ice around conversations about ACP and end of life issues using a game format.
October 2016- December 2017	Hospice Society of North Kootenay Lake	End of Life Conversation Game	Aim is to help break the ice around conversations about ACP and end of life issues using a game format.
October 2016- Dec 2017	Alberni Hospice Society	End of Life Conversation Game	Aim is to help break the ice around conversations about ACP and end of life issues using a game format.

October 2016- December 2017	Sunshine Coast Hospice Society	Volunteer-Facilitated ACP Sessions <u>and</u> End of Life Conversation Game	Aim is to stimulate and normalize ACP conversations through hosting public sessions facilitated by trained volunteers/staff and conversation game events.
October 2016- December 2017	Cowichan Valley Hospice Society	Volunteer-Facilitated ACP Sessions <u>and</u> End of Life Conversation Game	Aim is to stimulate and normalize ACP conversations through hosting public sessions facilitated by trained volunteers/staff and conversation game events This project links to First Nations communities and immigrant seniors.
October 2016- December 2017	Greater Trail Hospice Society	Volunteer-Facilitated ACP Sessions <u>and</u> End of Life Conversation Game	Aim is to stimulate and normalize ACP conversations through hosting public sessions facilitated by trained volunteers/staff and conversation game events
October 2016- December 2017	Quesnel & District Hospice Palliative Care Association	Volunteer-Facilitated ACP Sessions <u>and</u> End of Life Conversation Game	Aim is to stimulate and normalize ACP conversations through hosting public sessions facilitated by trained volunteers/staff and conversation game events
October 2016- December 2017	South Peace Hospice Palliative Care Society	Volunteer-Facilitated ACP Sessions <u>and</u> End of Life Conversation Game	Aim is to stimulate and normalize ACP conversations through hosting public sessions facilitated by trained volunteers/staff and conversation game events

Public Awareness of Palliative Care

Ten projects raising awareness about the concept of palliative care and the benefits of integrating the palliative approach to care as early as possible during the serious illness trajectory.

Award Period	Award Recipient	Funded Project	Project Description
April 2016-March 2017	Burnaby Hospice Society	Ask the Hard Questions	<p>Develop a workshop series on living with illness challenges: Understanding and Navigating Your Health Care Resources Managing Fatigue Advance Care Planning Preventing Burnout Building Mental Resilience Managing Insomnia Anticipatory Grief Understanding the Last Stages of Life</p>
October 2016-December 2017	Burnaby Hospice Society	Guidebook for individuals and families living with a life limiting illness and on the end of life journey	Compile a Guidebook that serves as a printed and online psychosocial resource targeting the goals of early palliative care: addressing symptoms, coping, providing information, engaging with family, exploring treatments and supporting with end of life planning.
April 2016-March 2017	Desert Valley Hospice Society	Community Engagement Presentations	Educate the community about palliative care and a palliative approach to care and its benefits.
April 2016-March 2017	North Okanagan Hospice Society	Living Well Dying Well- Active Decision Making	<p>Develop, implement and evaluate a series of workshops to support an upstream palliative approach to care:</p> <p>Workshop A: Introduce the Palliative Approach to Care concept Introduce the Family Caregiver guide to support family caregivers in decision making.</p> <p>Workshop Series B: Advance Care Planning (ACP) Introduce the concept of ACP Facilitated group work utilizing “Go Wish” as a tool to promote discussion about ACP and identification of a substitute decision-maker.</p>
October 2016-December 2017	Canuck Place Children’s Hospice	Palliative Care Education Online	Create a video to educate families about pediatric palliative care services to reach the 75% of families that are not currently taking advantage of the free services.

October 2016- December 2017	Delta Hospice Society	Hospice Palliative Care Online Education Opportunity	Create a 6-8 session MOOC that can be completed by participants over 3 months, covering topics such as what is PC, ACP, living with a serious illness. MOOC = Massive Open Online Courses - - available to anyone, intertwining video, links, lessons and forum discussions.
October 2016- December 2017	Kalein Hospice Centre Society	Kalein Centre Think Tank Sessions	Work across the healthcare spectrum by providing two think tank sessions that will draw together thought leaders, community organizations, practitioners and policy makers to advance discourse on palliative care and envision a new approach.
October 2016- December 2017	Nanaimo Hospice Society	Hospice 101	Increase public awareness on the palliative approach and compassionate communities, and about NHS programs and services.
October 2016- December 2017	Prince George Hospice Society	Gift of Preparedness	Develop an in-person forum for community members to engage in conversation and access one-stop, reliable and timely information and resources to be end of life prepared.
October 2016- December 2017	Surrey Hospice Society	The Beginning of a Conversation Community Conference	Bring together a spectrum of palliative and bereavement professionals in a daylong conference about hospice and palliative care; to highlight SHS services to newcomer and diverse populations in Surrey; to strengthen partnerships. Expected to become an annual event.

Compassionate Communities

Eleven Projects motivating and mobilizing citizens and community groups/organizations to form circles of support that help with the practical and psychosocial needs of people with serious illness and improve the end of life experiences in their communities.

Award Period	Award Recipient	Funded Project	Project Description
April 2016- March 2017	Camp Kerry Society	Living with Loss and Transition	<p>Enhance knowledge of what helps and what hinders coping through processes of transition; living with illness, grief and loss.</p> <p>Enhance sense of community and connection to others who are coping with similar life challenges.</p> <p>Enhance knowledge of how to access personal (internal) resources and community (external) resources.</p> <p>Enhance experience and knowledge of how to have “difficult conversations” about loss, grief and end-of-life care.</p>
April 2016- March 2017	Shuswap Hospice Society	Engaging and Connecting with the Shuswap Communities	<p>Broaden awareness of community needs of Shuswap communities – identify gaps (phase 1) and develop pilot programs to address these needs (phases 2 and 3).</p>
April 2016- March 2017	Hospice Society of North Kootenay Lake	Advanced Grief Support Volunteer Training	<p>Offer a 2-day workshop, led by a trained facilitator, designed to: improve mindfulness, self awareness, communication skills, ‘letting go’ discussion of complicated grief and what a good death looks like.</p>
April 2016- March 2017	Bulkley Valley Hospice Society	Volunteer Education Skills and Training	<p>Improve the capacity of Bulkley Valley Hospice Society to deliver palliative approaches to care, especially considering the new partnership with the NCare research project.</p> <p>Activities involved:</p> <ul style="list-style-type: none"> • Training sessions (to National Standards) • Educating community groups on services available to seniors and their families • Logging volunteer experiences • Reflection opportunities for volunteers to further growth and learning

April 2016- March 2017	Vancouver Hospice Society	Palliative Visitor Program Expansion Project	Expand palliative patient home volunteer program to reach palliative patients in east and south Vancouver whose first language is not English. Volunteers are recruited and trained in the palliative approach and share their knowledge of palliative care and palliative resources with patients and their families. Supports include emotional support and companionship, life review, company during doctor's appointments and vigil respite for families.
October 2016- December 2017	Abbotsford Hospice Society	Extending Our Reach	Create awareness and share information about existing services and volunteer opportunities available at Abbotsford Hospice Society and Holmberg House. Secure volunteers from diverse backgrounds.
October 2016- December 2017	Golden Hospice Society	Standardized Hospice Volunteer Training	Establish an in-house, standardized volunteer training program to ensure all volunteers have access to training locally, and to reach out to diverse cultural communities to develop the capacity to deliver culturally appropriate care.
October 2016- December 2017	Nelson & District Hospice Society	NDHS Day Hospice Program at the Kalein Centre	Create a day hospice program in Nelson to increase quality of life for upstream palliative patients and their caregivers.
October 2016- December 2017	Terrace Hospice Society	Utilizing Online Education to Increase the Volunteer Pool within Hospice Societies: A Feasibility Study	Conduct a feasibility study to identify potential processes and partners for providing standardized, online volunteer training to volunteers in Northern BC.
February 2016- December 2017	New Westminster Hospice Society	Compassionate Communities: A Beginning	Develop Compassionate Communities in New Westminster through (1) public meetings/events to promote the concept of a Compassionate City, and (2) training volunteers to facilitate the development of practical and emotional support circles around individuals and families.
April 2017- December 2017	White Rock South Surrey Hospice Society	Crafting a legacy: Utilizing the creative arts to develop a legacy based program for palliative patients and their families	Develop and operationalize a creative arts legacy program to serve palliative patients and caregivers. Volunteers from WRSSH will be trained to facilitate legacy work sessions.