

Advance Care Planning Day 2020

Key Messages

Advance Care Planning involves talking with others about your wishes for your future health care and deciding who speaks on your behalf if you cannot.

Here are the top 4 messages for use in public awareness campaign, presentation and media.

Your Wishes, Your Care – Start Your Advance Care Plan Today!

- We plan for our weddings, careers and retirement, why not plan for our future health care? *Start your Advance Care Plan today!*
- A key part of Advance Care Planning is deciding who can make health care decisions on your behalf should you be unable to. *Start your Advance Care Plan today!*
- Help people close to you honour your health care wishes. Avoid unnecessary family disputes or confusion by having a voice in your future health care. *Start your Advance Care Plan today!*
- Start Advance Care Planning early, before health problems get in the way. Think about what matters most to you and share your wishes with people close to you. *Start your Advance Care Plan today!*