

COVID-Palliative Resources for Nurses, NPs, physicians, social workers, counsellors and health care assistants

Educational materials

Each of the resources listed below have satisfied the following criteria for inclusion:

- Simple, clear and practical
- Informed by the best available evidence
- In accordance with or does not contradict the most current infection control and pandemic guidelines
- Aligns with established B.C. guidelines, policies and common practice (1=exactly, 0.5 = some minor contradictions such as dose ranges, 0 = major contradictions)
- 30 minutes or less per topic
- Modular, so health care providers can access what they need in the moment
- Reviewed or informed by the intended audience
- No financial cost other than learner time

Resource Name & Link	Estimated time and format	Audience	Source	Competencies
Symptom management				
Dyspnea	Online module, 30 min	All	Pallium Canada	4.3
Palliative sedation	Online module, 10 min	Physicians, Nurses, Social Workers/Counsellors	Pallium Canada	4.3, C4.5
Introduction to refractory symptoms and palliative sedation therapy	Video, 2.15 min	Physicians, Nurses, Social Workers/Counsellors	BC Centre for Palliative Care	4.3, C4.5
Palliative care and palliative approach principles				
Shift your care to a palliative approach	Video, 4.30 min	Nurses	iPANEL (B.C.)	1.1, 1.2, 1.3, 1.4, 1.5, 5.1
Essential conversations				
Simulated Telemedicine Demonstration of COVID-19 Conversation Guide for Outpatient Care	Video, 10.32 min	Physicians, Nurses, Social Workers/Counsellors	Ariadne Labs (USA)	C3.1, C3.2, C5.1, C7.2
Infection prevention and control				
CORONA WARS: COVID-19 Emergency Sim Game	Game, 5-10 min per case study	All Emergency department but adaptable for any care setting	BC Emergency Medicine Network	C7.1

Practice Support Tools

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- Easily accessible in multiple formats (eg. Printed, online, various devices)
- White space, large font, simple language
- no longer than 1-page
- Reviewed or informed by the intended audience
- Can be modified to specific contexts (eg co-branding with health authority logos) with acknowledgement or permission of the original authors
- No financial cost

Resource Name & Link	Audience	Source	Competencies
Symptom management			
Symptom management for adult patients with COVID-19 receiving end-of-life supportive care outside of the ICU	Physicians Nurses	Fraser Health & BC-CPC	C4.3, C4.4
VIHAC COVID-19 Palliative Care and Symptom Management with SOB0 Mini-Sets VIHAC COVID-19 Palliative Sedation and End of Life M1.M2 Module	Physicians Nurses	Island Health	C4.3, C4.4
Fraser Health's "Actively Dying Protocol", with new Appendix for COVID-19 patients. Actively Dying Protocol Part 1 , Actively Dying Protocol Part 2 , FH Actively Dying Protocol COVID-19 Addendum 3-4-20	Physicians Nurses	Fraser Health	4.3, C4.3, C4.4
Home and community care			
Palliative care during COVID-19 illness	Nurses	FNHA	C1.1, C2.1 4.2, 4.3, 4.4, C4.1, C4.3
Decision-support tools			
Interior Health's Long-Term Care clinical decision pathway	Physicians Nurses Social Workers/Counsellors	Interior Health	C5.1, 5.1, 5.2
COVID-19 Ethical Decision-Making Framework	Physicians Nurses Social Workers/Counsellors	BC Ministry of Health BC Centre for Disease Control	C7.4

After care and bereavement

Care of the deceased body	Nurses HCAs	First Nations Health Authority (FNHA)	C5.5
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Essential conversations

Advance Care Planning during COVID-19.	Nurses	FNHA	C5.1
Serious Illness Care Program COVID-19 Response Toolkit 1. COVID-19 Conversation Guide for Outpatient Care 2. Telehealth Communication Tips 3. Recommendation Aid 4. Care Planning Resources	Physicians Nurses Social Workers/Counsellors	Ariadne Labs (USA)	C1.1, C1.2 C3.1, C3.2, C5.1, C7.2,

Psychosocial care

Supporting the Psychosocial Well-being of Health Care Providers During the Novel Coronavirus (COVID-19) Pandemic	All	BC Ministry of Health	C8.1, C8.2
Psychological First Aid Pocket Book	All	Canadian Red Cross	C4.2, C6.1 C8.1, C8.2
Specific phrases & word choices that can be helpful when dealing with COVID19	All	Social Work Hospice and Palliative Care Network (USA)	C1.2, C3.1, C6.1, C6.2, C6.3

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