

# Presenter Disclosure

This initiative is supported by funding from Public Health Agency of Canada. The views expressed herein do not necessarily represent the views of Public Health Agency of Canada.

Cette initiative bénéficie du soutien de l'Agence de la santé publique du Canada. Les opinions qui y sont exprimées ne représentent pas nécessairement les positions de l'Agence de la santé publique du Canada.

**No potential bias identified.**



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*Financial contribution from*



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# Myrna's Story



# Promoting Engagement of People Living with Early Stages of Dementia and their Family Members and Friends in **Advance Care Planning** through Community-led Interventions

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 **BC Centre for  
Palliative Care**

# Learning Objective

By the end of this session, you will be able to describe the **barriers** and **facilitating factors** to engaging people living with early stages of dementia and their family members and friends in Advance Care Planning.

# Advance Care Planning is a process of...

- Thinking about your values, beliefs, and wishes for future health and personal care, and
- Sharing them with the people you trust

It can include choosing who would make care decisions for you if you cannot.

**Helps you get the care that's right for you,  
even if you're unable to speak for yourself.**

# Why develop Advance Care Planning programs for people living with dementia and family/friend caregivers?



People living with dementia **can make their own health-care decisions— even as dementia progresses—** through Advance Care Planning, and when they are supported in their decision making by the people they trust.

# Community-led Advance Care Planning



## Model Components



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# Interventions:

## *My Wishes, My Care* Programs

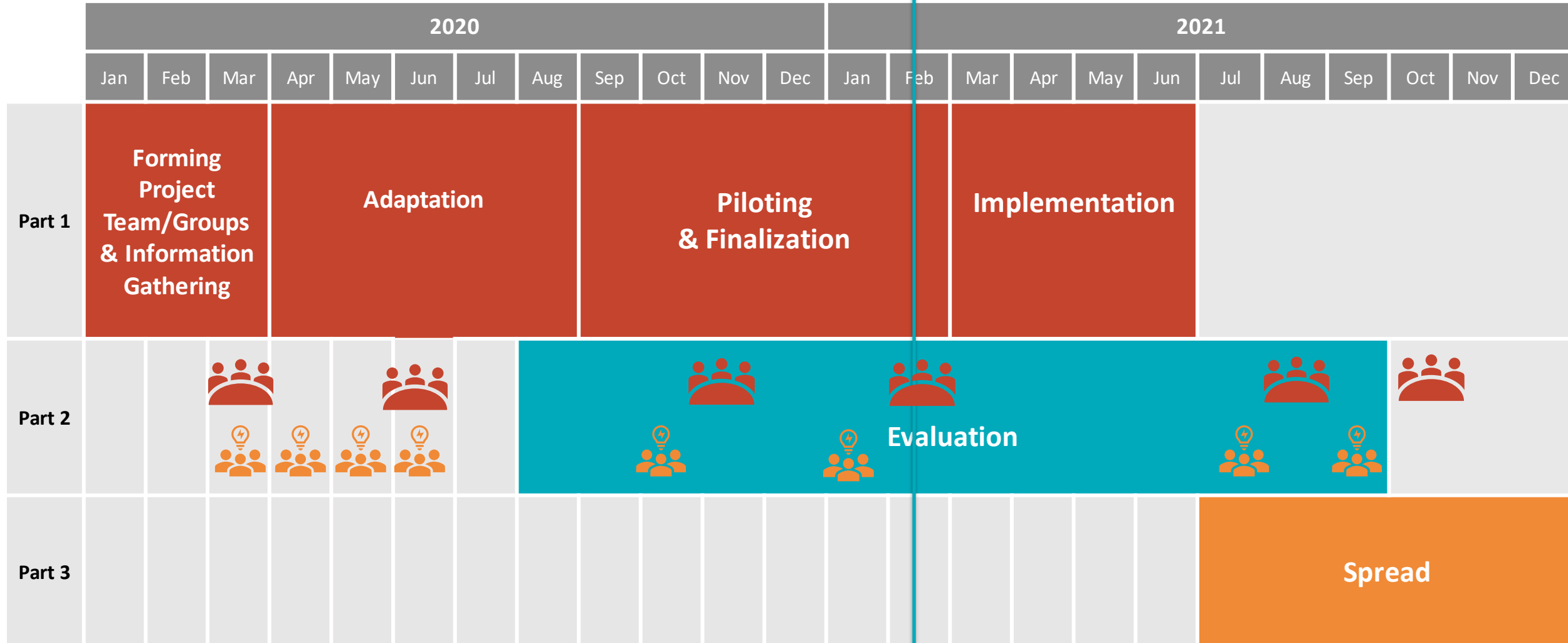
Guided Group  
Conversation  
Event



ACP Information  
Sessions



# Project Timeline



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Program Development:

# Addressing Barriers and Facilitating Factors to Advance Care Planning

# Facilitating Factors for Engagement



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Emphasize conversations, not forms

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Use storytelling

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Provide concrete, step-by-step approach

# Shared Barriers to Engagement



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Lack of awareness and knowledge of ACP

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Stigma around dementia

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Difficulties initiating ACP conversations  
(stigma, guilt, fear, etc.)

# Barriers for People Living with Dementia



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Lack of supports from family, friends, and/or health-care providers

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Concerned that their wishes and instructions will not be honoured

# Barriers for Family Members and Friends



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Presumption that the person living with dementia is mentally incapable of decision making

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Overwhelmed with caregiving and other responsibilities

# How this information can help you....

- Administrators and policy makers
- Health-care providers
- Community Organizations

# Questions?

Website: <https://bc-cpc.ca/cpc/about-us/activities/new-projects/>

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